



DIOLAZE (LASER HAIR REDUCTION) - TREATMENT CARE INSTRUCTIONS

Pre-Treatment Recommendations

- Avoid sun tanning for at least 2 weeks prior to treatments. This will also be required after treatments. You must avoid self-tanning creams for at least 1 week prior to treatments.
- Shave any hair present in the area to be treated. Men should shave the beard area twice in succession in order to ensure as close a shave as possible.
- Do not tweeze, wax, use a depilatory or undergo electrolysis in the areas you wish to have treated for 2 weeks prior to laser hair reduction.
- Do not wear deodorant if underarms are to be treated.
- Notify the medical professional if you have had recent laser resurfacing, chemical or mechanical peel
- The treatment area must be free of any open sores, lesions or skin infections. For treatment of pigmented skin lesions, you should consult a specialist.
- Do not plan this treatment if you are pregnant or are trying to get pregnant.

Post-Treatment Recommendations

- There is a possibility of short-term effects such as discomfort, redness, mild blistering or scabbing, bruising and discoloration of the skin, which generally resolves within one weeks, as well as the possibility of rare side effects such as scarring and permanent discoloration.
- Cold packs and Tylenol can be used for the first 24 hours for pain relief.
- Please contact our office if you develop blistered or ulcerated areas.
- For the first 5 days following treatment, avoid hot baths, massages to the treated site.
- You should use SPF 30 or greater to protect the treated area for at least one month following treatment, even if you are not in the sun. Tanning soon after treatment may cause hyperpigmentation and should be strictly avoided.
- Avoid irritants (glycolics, retinols) and aggressive facials or microdermabrasion for 2 weeks after treatment or longer if skin is still symptomatic.
- Do not wear deodorant for 2-3 days after treatment if underarms were treated. Do not exercise until red bumps have resolved. Do not pick or tweeze treated hairs.

Please call our office should you have any questions or concerns regarding your Diolaze Laser Hair Reduction treatment or aftercare at 626-844-7273 (Tue-Sat 10am-6pm), or email us anytime at reception@parfaire.com.

The entire staff at Parfaire Medical Aesthetics committed to patient education, safety and care.